AFRICAN AMERICANS
AND LUPUS
The hope of clinical trials
African American women are at greatest risk for developing lupus and worse disease symptoms.
But African Americans are under-represented in studies testing new treatments.
LEARN HOW YOU CAN HELP ▶

Smart Questions to Ask About Participating in a Clinical Trial

- How long will I be in the study?
- Can I keep taking my other medicines?
- How often will I have checkups, have to give blood, or undergo other tests?
- How will participation affect my ability to work, go to school, take care of my kids?
- Will I need someone to drive me to doctors’ appointments and lab tests?
- Will this affect my ability to have children some day?
- Can I keep seeing my regular rheumatologist and other doctors?
- Will I get reimbursed for travel and/or childcare costs?
- Will I find out the results of the trial I was in?
- Can I take the experimental medicine after I complete the trial?

For more information on lupus clinical trials visit LupusResearch.org/trials

“...especially important for people of color to participate in trials because we are under-represented in most studies. If we’re not represented in trials, researchers have no way of knowing if the drugs tested will be safe and effective for us.”

- Kaamilah Gilyard, Lupus Patient & Advocate

WHAT IS A CLINICAL TRIAL?
Clinical trials help answer the question, “Will this drug help people and is it safe?”
In clinical trials, people volunteer to test new treatments, interventions or tests, so researchers can determine what does and doesn’t work. Clinical trials also help researchers and doctors decide if the benefits outweigh possible side effects. They can also provide another treatment option.

Learn more about clinical trials at LupusResearch.org/trials

LUPUS RESEARCH ALLIANCE
The Lupus Research Alliance is transforming the lives of people affected by lupus with the power of science to drive new treatments, prevent disease progression, and find a cure.
100% of all donations go to support lupus research programs because the Lupus Research Alliance Board of Directors funds all administrative and fundraising costs.
Lupus Research Alliance
270 Madison Avenue, Suite 300
New York, NY 10016
212-218-2840
lupusresearch.org

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