

[Your Name]
[Home Address]
[Email Phone]

LETTER TO REPRESENTATIVE

Representative [First and Last Name]
[Local Office Address]

LETTER TO SENATOR

Senator [First and last name]
[Local Office Address]

Thank you for meeting with me on [date]. I am pleased that we had the opportunity to review the needs of the lupus community for federal budget appropriations supporting research that can deliver safer, more effective drugs for a devastating disease with too few treatment options and no cure.

As discussed, the National Institutes of Health needs significantly more funds in order to advance medical research for all diseases, including lupus. You'll recall that lupus, which affects mostly young women and disproportionately people of color, is an autoimmune disease, meaning that the immune system attacks rather than protects the body's own tissues and organs. It is also critical that the relatively new Lupus Research Program at the Department of Defense receives additional budget allocations as the number of women in our armed forces is at its highest in U.S. history.

[Also provide any follow-up information you may have promised.]

Again, thank you for meeting with me. Please contact me if I can be of any assistance or if I can provide any additional information. I will keep in touch with your office as developments in lupus research occur.

Sincerely,

Name
Lupus Advocate